

The COVID-19 Vaccine

Pfizer and Moderna

Thank you for taking the COVID-19 vaccination. It is an important tool to combat the current pandemic by keeping you and those around you as safe as possible from the virus.

QUICK FACTS:

- ✓ Current trial data supports that the vaccines are safe and effective.
- ✓ The vaccine has received emergency use authorization (EUA) from the FDA.
- ✓ The Pfizer vaccine is recommended for those 12 years of age and older.
- ✓ The Moderna and Johnson & Johnson vaccines are recommended for those 18 years of age and older.
- ✓ You cannot get the COVID-19 virus from the vaccine.
- ✓ Serious side effects have been uncommon.
- ✓ The long-term effects are unknown.

AFTER RECEIVING THE VACCINE:

- ✓ You will be monitored for any possible allergic reaction for 15-30 minutes after vaccination.
- ✓ When side effects occur, they are most often: injection site pain/redness/swelling, arm soreness, fatigue, fever or feverishness, chills, body, joint or muscle aches, headache. If testing discovers unexpected swollen lymph nodes, let your provider know you recently had the vaccine.
- ✓ For side effects take acetaminophen or ibuprofen as advised by your care provider. You can apply an ice pack to a sore arm.
- ✓ V-safeSM is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccine. Through v-safe, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you and get more information. V-safe will also remind you to get your second COVID-19 vaccine dose if you need one.



REMEMBER:

- ! Two doses are needed for a full vaccination.
- ! Vaccines reduce but may not prevent the spread of COVID-19, so don't let your guard down. You must continue to wear a mask, wash your hands, and physical distance.

For the latest news about UPMC and the COVID-19 vaccine, please visit [UPMC.com/COVIDVaccine](https://www.upmc.com/COVIDVaccine). To learn more about the vaccine, please visit [cdc.gov/coronavirus/2019-ncov/vaccines/index.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html). To learn more about the vaccine clinical trials to prevent COVID-19, please visit [clinicaltrials.gov](https://www.clinicaltrials.gov).